**Okhaldhunga Hospital and Community Physiotherapy Officer Job Description**

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| **Job Title: Community Physiotherapy Officer, Grade 8** | **Reports to:**  Technical Line Manager for Hospital and CBR: Rehabilitation Specialist. General Line Manager: Community Health Coordinator | | | **Location:**  Okhaldhunga Community Hospital (OCH), Okhaldhunga, Siddicharan, with frequent visits to project rural municipalities |
| **Main objectives of job:**  To work towards the Community Based Rehabilitation (CBR) project goal of transforming Okhaldhunga into a disability-inclusive society and specifically to improve access to health of People with Disability (PWD) and their families. This will be achieved by providing a Primary Rehabilitation Therapy (PRT) service to PWD in the project; delivering formal and informal PRT training to CBR project staff and community; providing health education and disability prevention information and training; reducing discrimination, stigma and improving access of PWD in all aspects of life through participation in community disability awareness raising activities.The job holder will also be involved in supporting the hospital physiotherapy rehabilitation service, and occasionally the inpatients and outpatients physiotherapy service. | | | | |
| **Areas of Responsibility** | | **Decision Making** | **Qualification & Experience** | |
| **1. TECHNICAL**  **Community:**   * Deliver formal and informal Primary Rehabilitation Therapy (PRT) training to OCH CBR staff, CBR project stakeholders (including Female Community Health Volunteers, Health Post staff, PWD and family members), including mentoring and case follow-up in community. * Improve PWD Activities of Daily Living (ADL) and mobility by providing case assessment, treatment, therapeutic counselling and follow-up treatment to PWD and their families. * Together with the CBR team, provide orientation to the community in disability issues and rights of PWD. * Develop PRT, health and hygiene, disability prevention and management materials and pamphlets. * Facilitate the referral of PWD cases to secondary and tertiary centres with the community. * Facilitate the provision of assistive devices and therapeutic aids, using locally sourced products where available. * Train OCH staff and community in principles of universal design and Government accessibility guidelines, assist in identifying housing modification needs, and provide technical support. * Advocate on behalf of PWD and their families to promote equal access to community services.   **Hospital:**   * Provide occasional physiotherapeutic assessment and treatment to inpatients and outpatients as required. * With the Rehabilitation Therapist and Hospital Physiotherapy Officer, develop and provide a hospital rehabilitation service for cases such as CVA and Cerebral Palsy. * Provide regular training to OCH doctors on provision of Disability Identity Cards and CBR project.   **2. RELATIONSHIPS AND PROCESSES**   * Work closely with CBR advisor/Rehabilitation Therapist, Community Health Coordinator and Monitoring Evaluation and Learning (MEAL) officer. * Work closely with OCH CBR Rural Municipality (RM) officers in the project working areas. * Liaise with the OCH Mental Health Project as required * Build strong working relationships with secondary stakeholders of project: local government and civil society. * Build relationships with and engage in local and national CBR organisations and rehabilitation hospitals and committees e.g. Hospital for Rehabilitation of Disabled Children (HRDC) Nepal Forum for Disabled (NFDN), CBRN Nepal, and Sundar Dhoka Sathi Sewa (SSDS). * Communication with medical coordinator, doctors, nursing and social service staff as required.   **3. MANAGEMENT**   * Assist in the annual planning, monitoring, reporting and budgeting of the CBR project. * Ensure high standards of monitoring, evaluation and learning are maintained in the community by working closely with the MEAL officer. * Ensure UMN policies are followed at all times. * Ensure good CBR practice and learning experiences of CBR work are well captured, documented and shared within and beyond UMN. * To carry out any other duties as requested by OCH administration and Rehabilitation Therapist. | | * Contribute to the planning, monitoring, reporting and budgeting of the physical rehabilitation/   health component of the CBR project.   * Contribute to planning the set-up of and the running of the Okhaldhunga Community Hospital physiotherapy department. | **Essential**:   * Bachelor's degree in physiotherapy. * Registered with Nepal Health Professional Council * Min. 2 years’ physiotherapy work experience in hospital/clinic/community. * High degree of flexibility regarding work times, workload and activities, with ability to work consecutively in the hospital and community. * Evidence of interest in working with and compassion towards PWD. * Commitment to serving and empowering the poorest and most excluded people. * Able to live and work in a rural setting and work independently in remote areas. * Good personal fitness.   **Desirable**:   * Theoretical knowledge of disability situation in Nepal, CBR, Disability Inclusive Development (DID), Inclusive Disaster Risk Management (IDRR) and relevant national and international disability laws and policies. * Practical experience of working in CBR projects. * Experience of working with minority and oppressed groups to combat stigma and discrimination. * Neurological rehabilitation experience e.g. CVA, Cerebral Palsy and spinal cord injury. | |
| **Skills, Attitudes and Behaviours** | |
| * Good training, capacity building and facilitation skills. * Good language, communication and training skills. * Ability to think creatively and find ways to continually improve both CBR and hospital physical rehabilitation services. * Good English literacy skills. * Good computer skills. * Good organisational skills. * One who seeks to model UMN values and works towards fulfilling UMN’s vision and mission. * Ability to persuade, influence and enthuse others. * Social skills necessary to build effective working relationships (esp. active listening, tolerance, humility) with a broad range of people. * Willingness to be mentored and to develop new skills. | |

**Created by:** Clare Grimble, CBR Advisor/Rehabilitation Therapist

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**Approved by:** Yubraj Acharya

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**Revised by:** Clare Grimble CBR advisor and Rehabilitation Therapist

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