

OCH Physiotherapy Officer Job Description

Job Title: Hospital Physiotherapy Officer Grade 8	Line managed by: Rehabilitation Therapist	Location: Okhaldhunga Community Hospital (OCH), Okhaldhunga, Siddicharan	
<p>Main objectives of job:</p> <p>The jobholder will provide a continuous service of physiotherapy to patients requiring physiotherapy in the hospital: General wards, Paediatric ward, Maternity ward, Physiotherapy Out Patients and Physiotherapy Rehabilitation. The jobholder will line manage, work together with, and expand the skills of the physiotherapy assistant, and assist in developing the hospital rehabilitation service with the Rehabilitation Therapist. The job holder will support the Community Based Rehabilitation (CBR) project in its points of contact with the hospital services related to physiotherapy. The job holder will also support the CBR project in its goal of improving access to health of Persons with Disability (PWD) and their families in Okhaldhunga district through occasional physiotherapy-related field trips and training support.</p>			
Areas of Responsibility	Decision Making	Qualification & Experience	
<p>1. TECHNICAL</p> <ul style="list-style-type: none"> • Assess and treat inpatients requiring physiotherapy on the general wards, paediatric ward and maternity ward, physiotherapy room and rehabilitation room. This will include treatment for those with chest infection, fractures, CVA, spinal cord injury, head injury, burns and those with mobility problems from disability. • Assess and treat outpatients in the physiotherapy room requiring physiotherapy. This will include a wide variety of musculoskeletal and neurological conditions. • Work closely with the orthopaedic surgeon to provide pre and post-operative physiotherapy. • Maintain up to date and accurate records and patient progress notes of each patient and their treatment. • Ensure appropriate physiotherapy service cost is charged to each patient. • With support from the Rehabilitation Therapist, work towards physiotherapy service improvement in areas of assessment and delivery of treatment e.g. treatment plans, use of outcome measures, improving recording of information and communication between the physiotherapy department and multidisciplinary teams. • With support from the Rehabilitation Therapist, provide treatment to rehabilitation patients and develop the rehabilitation service. Rehabilitation patients will primarily be those with CVA, cerebral palsy, head injuries and spinal cord injuries from CBR working areas, other areas of the Okhaldhunga and neighbouring districts. • Provide therapeutic counselling and education to patients and care givers regarding the patient's condition. • Transfer physiotherapy skills to the physiotherapy assistant and patient care-givers. • Assist doctors, social services and CBR to refer patients to secondary and tertiary centres for treatment and rehabilitation. • Provide training to hospital staff on lifting, moving and handling of patients and equipment. • Provide ergonomic support and training to hospital staff to prevent and reduce incidence of musculoskeletal/postural work-related problems. • Occasionally assist in delivering formal and informal primary rehabilitation therapy (PRT), disability prevention and health education training to OCH CBR staff and CBR project stakeholders. • Occasionally support the CBR physiotherapist and Rehabilitation Therapist in providing assessment, treatment, therapeutic counselling and follow-up treatment to PWD during home visits to improve their activities of daily living (ADLs) and mobility. 	<ul style="list-style-type: none"> • Together with Rehabilitation Therapist, develop the physiotherapy in-patient and out-patient service, and develop and run a rehabilitation service 	<p>Essential:</p> <ul style="list-style-type: none"> • Bachelor's degree in physiotherapy. • Registered with Nepal Health Professional Council • Flexible attitude to hospital-based and community-based work, with enthusiasm to teach and work in remote rural areas when required. • Commitment to providing an unbiased service to all people regardless of their economic circumstances, status or cultural background. • Able to live and work in a rural setting and occasionally travel to remote areas of the district. <p>Desirable:</p> <ul style="list-style-type: none"> • Neurological rehabilitation experience e.g. CVA, Cerebral Palsy and spinal cord injury • 2 or more years' broad exposure to treatment of a wide variety of physiotherapy cases from orthopaedics, paediatrics, maternity and acute and chronic neurological conditions 	

2. RELATIONSHIPS AND PROCESSES

- Daily close communication with the multi-disciplinary team: physiotherapy assistant, medical coordinator, surgeons, doctors, nurses and social service staff.
- Communication with CBR team and Mental Health project regarding CBR client referrals back to community or to tertiary centres.
- Direct communication with tertiary centres for patient referrals requiring investigations and rehabilitation e.g. Sundar Dhoka Sathi Sewa (SDSS), Anandaban hospital and Sushma Koirala hospital.

3. MANAGEMENT and PERSONAL DEVELOPMENT

- Organise work of the physiotherapy assistant(s).
- Regular monitoring and evaluation of the hospital physiotherapy service to maintain high standards of patient care.
- Continuous Professional Development through personal study and In-Service Training.
- Carry out any other duties as required by OCH administration and Rehabilitation Therapist.
- Ensure that UMN policies are followed at all times.

Skills, Attitudes and Behaviours

- Ability to persuade, influence and enthuse others.
- Social skills necessary to build effective working relationships (esp. active listening, tolerance, humility) with people from all kinds of background.
- Initiative, creativity and resourcefulness.
- Good language and communication skills.
- Good English literacy skills.
- Good computer skills.
- Good organisational skills.
- Compassion and empathy towards the sick and those with disabilities.
- Good training skills.
- One who seeks to model UMN values and works towards fulfilling UMN's vision and mission.
- Willingness to be mentored and to learn and develop new skills.

Created 2.12.22 by Clare Grimble, OCH CBR Advisor and Rehabilitation Therapist.

Revised 12.03.23 by Clare Grimble